

# AIREX<sup>®</sup>

## Mats and Balance Products

The highest quality Swiss made products  
with a lifetime satisfaction guarantee.



**My Space, My Time.**

[www.my-airex.com](http://www.my-airex.com)

**My Space, My Time.**



There's my time in my day, that's that part of the day that I dedicate to me.

I put all the stresses, worries, naggings of the day aside, and get into my zone, this zone is my space, where I get better, stronger and strive to be my own best.

My own best is what I wish for me, what I feel I need and strive to achieve. I want to be that best version of me for me, on my own terms, in my own space.

In my own space, I space out the negatives and attract the positives.

This is my space, my life, for the great ultimate feeling.

My space, my time.

My space, my place of strength.

My space, my time to get stronger.

My space, my time to prepare for the day.

My space, my time to wind down from the day.

My space of focus and motivation.

My safe place where I heal and get better.

My safe place where I get ready for the game.

My safe place where I get ready for life.

My space for the ultimate great feeling.

The Swiss-made products that are proud of its origin, dating back to 1952.

Our products are of highest quality and guarantee a lifetime satisfaction, made for your own good for good.

# Space in



# About AIREX®

AIREX® is the world market leader in the field of training and therapy mats. In the early 1960s AIREX® was the first brand to manufacture foam mats, and to undertake the requisite pioneering extrusion works in the mid-1980s. AIREX® products are present in over 50 countries through distribution partners, and exported to another 120 countries all over the world as a proven Swiss quality. AIREX® commitment to tradition is aptly epitomized by nearly 70 years of know-how in foam technology and long service life.

## Innovators with nearly 70 years of experience

The chemist Dr. Emil Brunner and the inventor Herbert Lindemann headed a special team tasked with developing manufacturing plans for plastic-based foam. The legend has it that Mr. Lindemann arrived in Sins on his bike with just a few personal belongings, but with extensive expertise and brilliant ideas about how to manufacture closed cell foam from PVC.



# AIREX® products

The unrivalled AIREX® products are indispensable companions in the realm of professional and safe training and therapy right from the very start of the process. The AIREX® sports accessories render any practical application more natural, effective, and comfortable.

All AIREX® products have unparalleled quality and unique selling points, visibly distinguished from other products, especially from low-priced lookalikes and knockoffs.

The AIREX® R&D Lab in Switzerland is fully committed to innovation and product optimization in close collaboration with world-renowned universities, clinics, sports scientists, and physicians. For decades AIREX® products have been used for successful applications in hundreds of olympic training camps and performance centers, thousands of fitness studios and clubs, as well as rehabilitation centers and physical therapy facilities all over the globe.

## Quality – Made in Switzerland

The manufacturing technology for closed cell foams developed by AIREX® – the market leader in foam technology – is one of a kind. The most stringent quality controls exercised on a regular basis demand AIREX® assurance about impeccable all-round products from the AIREX® manufacturing process, and dealers to end consumers.

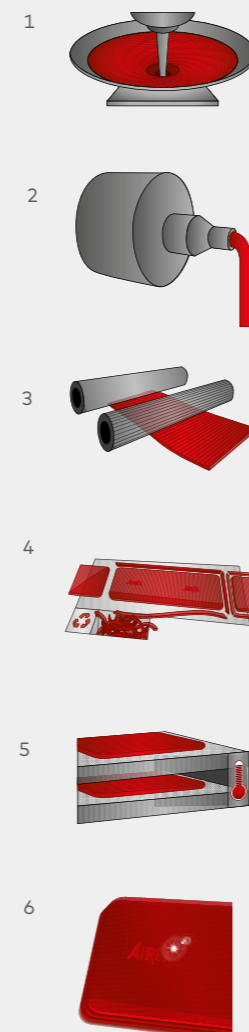


The Swiss-made AIREX® products are comprised of up to 96% air, which makes them unique in the world. Air not only constitutes the essential component of our products, but also the most prominent feature of our brand philosophy.

## A globally unique production technique

All AIREX® products are 100% made in Switzerland compliant with a special manufacturing procedure. The production takes about eight exceptional hours, and could best be described if compared to a one-of-a-kind baking process:

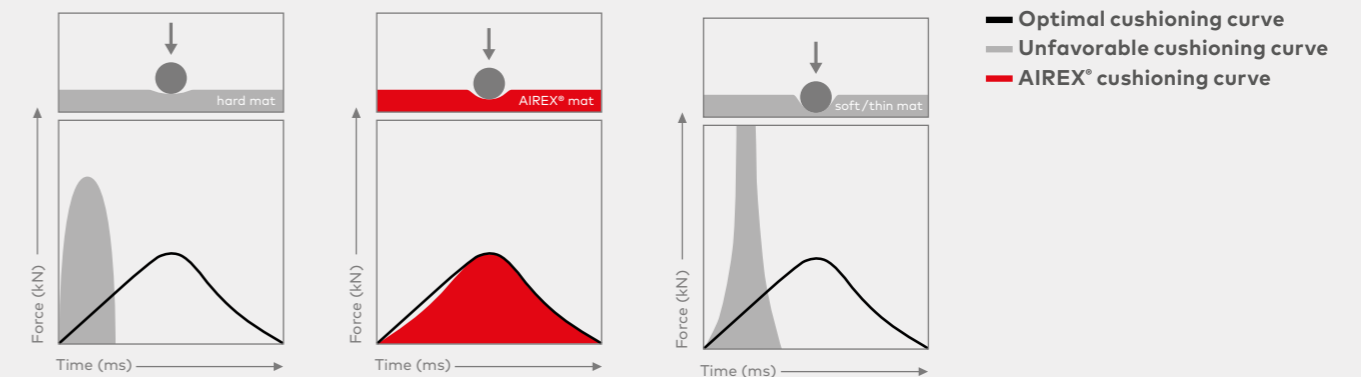
1. The dough is made to a secret recipe in large pots and kneaded into a homogeneous mass.
2. A special process is applied to knead the dough into a solid, porous mass.
3. The mass is rolled out and molded to receive a characteristic shape and grooves.
4. Appropriately sized molded pieces are removed from molds and the remaining dough is fully recycled.
5. The mats are put in the oven to bake, where their original size increases multifold. The resulting pieces coming out of the oven are unique, which is why their masses are always indicated "approximately."
6. The finished products are left to cool, packed and prepared for sale.



As a specialist in application-specific foams, AIREX® sets high quality standards worldwide. Our products are constantly developed and enhanced. Quality assurance has a very high priority in our production and development.

The AIREX® mats' innovative, closed-cell foam was developed over many years. The extremely durable material is supportive and warm, soft and cushioning. Joints are stabilised, tendons strengthened allowing muscles to be trained both extremely gently and efficiently.

The AIREX® mats provide optimal cushioning and support perfect training practices.



**Hard mat**  
The impacting energy is destroyed in a very short time. The cushioning is perceived as uncomfortably hard and can strain joints, tendons, and muscles in the long run.

**AIREX® mats**  
Not too hard, not too soft. AIREX® foam can perfectly suit individual applications. The energy is softly and evenly absorbed.

**Soft mat**  
The foam is too soft to trap the impacting energy. Hard hits are unavoidable and can cause unpleasant stress on the spine and joints.

# AIREX® Mats product line

The unique foam technology adorning our exceptional AIREX® mats sets new sports accessories standards elevating AIREX® mats to top-class high-tech products.

The extremely durable material of AIREX® mats is pleasantly soft, warm, and has perfect cushioning to protect joints, tendons, and spine. It facilitates training with maximum efficiency – a healthy and effective workout has never been so much fun.

The grooved and slip-resistant upper and lower surface provides desirable safety. It supports and ensures a stable and secure hold even in freely changing positions.

The closed cell foam technology prevents any ingress of water or dirt – hygienically perfect.

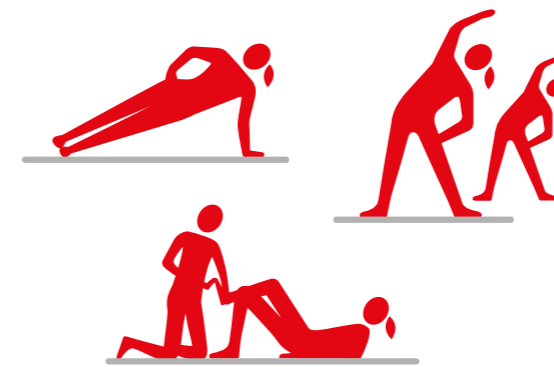
The AIREX® R&D Lab in Switzerland and the AIREX® Academy are constantly in contact with thousands of physical therapists and sports scientists worldwide to deliver the training mat of the future today.







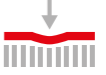










## Main features:

- Ultimate comfort: insulating, soft, warm with excellent high damping properties
- Highest security: optimal stretch, flat-lying, robust, non-slip with rounded edges and 90° squared-like
- For indoor & outdoor use: weather-resistant
- Longevity
- Hygienic: sanitized treatment and easy to clean
- Closed cell foam structure

Each and every AIREX® mat made in Switzerland is a unique piece in compliance with the Medical Device Regulation (EU) MDR 2017/745. It has the AGR seal of approval for back-friendly products, certified and recommended by the Association of German Back Schools e.V.



-  Water-resistant
-  Suitable for indoor use
-  Suitable for outdoor use
-  Comfortable
-  Hygienic
-  Non-slip
-  Cushioning
-  Lies flat
-  Multi-purpose
-  Durable
-  Insulating
-  Water & dirt repellent
-  Closed cell foam
-  Zero waste production
-  CE-compliant

"A mat is not just another mat. This training tool has its distinctive properties akin to other training accessories, and its own essential quality features. A great mat is recognizable by its comfort, safety, longevity and design. It has to be a source of fun for users to keep them motivated in the long run. In other words, a great mat is sustainable, makes you feel good, and is noticeably better than any other mat. Never before has mat training been so effective and enjoyable at the same time."

Paul Uhlir, Headmaster, AIREX® Academy



We are innovators with more than 60 years of experience in building state-of-the-art mats that are strong, supportive, and durable. We know that the products resulting from our hard work and commitment will become your lifetime companions.

# AIREX® Balance-pad product line

## My Space, My Balance.

### Minimum effort for maximum success

The one of a kind AIREX® Balance products are highly effective. AIREX® Balance-pads can be used for intelligent therapy and as exercise equipment.

The beginners and advanced users are equally in need of varied full body workouts featuring strong appeal and safe performance.

The unique AIREX® foam technology makes it all possible. It sets new sports accessories standards and elevates the Balance-pads product line to the line of top-quality high-tech products.

The products are applicable in rehabilitation, prevention, recreational and competitive sports, as well as in-home and office training.

The AIREX® Balance-pads product line is one of the most effective options for sensorimotor coordination training.

### Function:

The AIREX® Balance-pad and beam destabilizing effect triggers the engagement of deep-seated muscles to regain balance and stability.

It prompts the neural control function, spurring a significant improvement of communication between the nerves and the muscles.

As a result, training on the Balance-pad is far more effective and involves more muscle fibers per exercise than training without a Balance-pad.

The workout with the entire AIREX® Balance-pad product line provides a tremendous joint and spine relief.

### Sporting effect:

- Training of basic motor skills, such as strength, flexibility, endurance, coordination and balance
- Increased muscle action potential = higher efficiency
- Fascia training through "proprioceptive refilment"
- Physical and mental multi-functionality
- Concentration ability enhancement

### Therapeutic effect:

- Proprioception improvement
- Spine stabilization
- Joint stabilization
- Firming of connective tissue
- Sensorimotor function improvement
- Effective regression after pregnancy
- Posture improvement
- Cardiovascular diseases, arthrosis, osteoporosis and herniated discs
- Sensorimotor Coordination Therapy



### Main features:

- Ultimate comfort and training effects: insulating, soft, warm with optimal destabilizing properties
- For all kinds of therapeutic and training applications
- Physical and mental multi-functionality
- For indoor & outdoor use: weather-resistant
- Longevity
- Hygienic: sanitized treatment and easy to clean
- Closed cell foam structure

Each and every AIREX® Balance-pad is a unique piece in compliance with Medical Device Regulation (EU) MDR 2017/745. It has the AGR seal of approval for back-friendly products, certified and recommended by the Association of German Back Schools e.V.

*INTENDED PURPOSE: The AIREX® mats and balance trainers are designed as movement therapeutic aid for both institutional and domestic use. A device lying on the floor serves as a base for a person during medically indicated and prescribed exercises to improve motor skills and balance or postural control and/or for movement therapy treatment of muscle weakness in the limbs and trunk as a result of a neurological or orthopedic disease.*



- Water-resistant
- Suitable for indoor use
- Suitable for outdoor use
- Comfortable
- Hygienic
- Multi-purpose
- Different degrees of hardness
- Unstable subsurface
- Insulating
- Water & dirt repellent
- Closed cell foam
- Zero waste production
- CE-compliant



"Swiss made" signifies a label of origin, but also our overarching value, the code of conduct we have lived by from the first moment our mats were designed back in 1952, and used afterward by the Swiss Army. Our signature "Swiss-born in 1952" designates the production of the best, most durable and reliable mats in the world, with no exceptions or trade-offs.



### Antibacterial coating

The innovative AIREX® material meets increased hygiene requirements with the antimicrobial agent. The integrated Sanitized® hygiene function reliably and permanently protects the material against bacteria, odors, and mildew. Not only the optics, but also the material are preserved for a long time. Unsightly mold stains stay away and you benefit from the extension of the service life.



### Superbly back-friendly

More and more people suffer from back pain. Aktion Gesunder Rücken e.V. (AGR) awards the "AGR Seal of Quality" for back-friendly everyday products, rated "very good" by the magazine "ÖKOTEST." Most AIREX® mats and Balance products have been awarded this AGR seal of approval, making them particularly back-friendly products. The products have been tested and recommended by the Forum Gesunder Rücken – besser leben e.V. [Forum Healthy Back – living better] and the Bundesverband der deutschen Rückenschulen (BdR) e.V. [Federal Association of German Back Schools].



### Responsible manufacturing

Airex AG as a manufacturer is ISO 9001, ISO 14001, and ISO 45001 certified. AIREX® products are manufactured CE and in compliance with Medical Device Regulation (EU) MDR 2017/745. All ingredients are REACH-compatible and thus comply with all current legal requirements.





**AIREX<sup>®</sup>**

My Space, My Strength.

**Fitness & Training**

# AIREX® Fitness & Training

## My Space, My Strength.

The unique AIREX® products are indispensable companions in the realm of comfortable and efficient personal fitness and training.



"For fitness, training and stretching surfaces, or functional training. A perfect mat can only really unfold when tailor-made to fit its respective purpose. Buying an exercise mat is an important decision because the mat should bring you every day benefits for many hours a week. The total number of workouts amounts to about 10,000 hours of physical contact with the foam of your mat during your active life."

Genc Krasniqi, Personal Trainer & AIREX® Ambassador

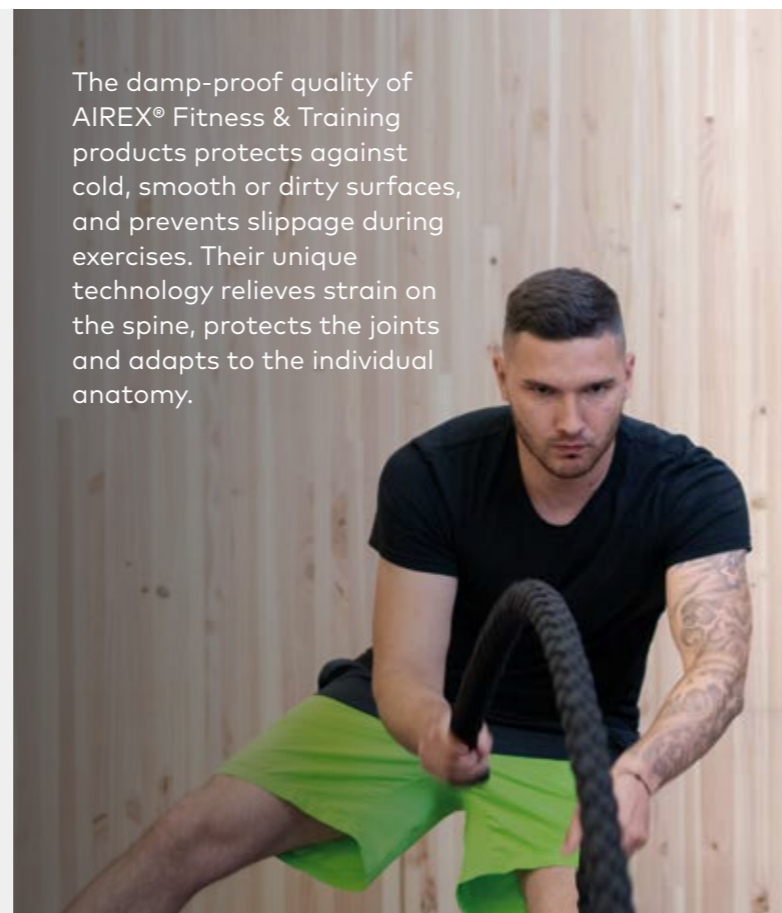


AIREX® Xtrema

### AIREX® Xtrema

The AIREX® Xtrema is a new breakthrough innovation – the most robust mat in the AIREX® range. Due to its high density foam, the AIREX® Xtrema can be used outdoors on stony ground, gravel roads and the beach regardless of weather conditions. Owing to its high stiffness, the AIREX® Xtrema is equally suitable for yoga and pilates, but also for professional, functional training.

Size: approx. 178 x 58 x 0.6 cm  
Weight: approx. 1.8 kg



The damp-proof quality of AIREX® Fitness & Training products protects against cold, smooth or dirty surfaces, and prevents slippage during exercises. Their unique technology relieves strain on the spine, protects the joints and adapts to the individual anatomy.



### AIREX® Fitline 140/180

The AIREX® Fitline mats are the ultimate choice for sports and training, used by countless top athletes across the world. The Fitline is a classic fitness mat often used for group fitness classes in gyms. As a small, lightweight and trendy training mat, the AIREX® Fitline is also a perfect gymnastics mat at home and "on the go", and a perfect fit for any sports bag.

Size: approx. 140/180 x 60 x 1 cm  
Weight: approx. 1.3 kg / 1.8 kg



**NEW**

### AIREX® Fitline 200

In contrast to the Fitline 180, the Fitline 200 is extra-long and extra wide. The greater length of 200 cm also allows taller users to find their way around the mat better. The width of 80cm also helps to expand the freedom of movement.

Size: approx. 200 x 80 x 1.0 cm  
Weight: approx. 2.4 kg



### AIREX® Fitline Studio

Size: approx. 100 x 50 x 1 cm  
Weight: approx. 0.8 kg



### AIREX® Dry Bag

Give your mat an exclusive transport. The Mats Dry Bag offers a lot of space for your Airex® mat while being totally waterproof and easy to close. The padded shoulder straps transform your Mats Dry Bag into a comfortable backpack for unlimited and multipurpose use on all your Airex® adventures. Suitable for AIREX® mats up to 80 cm wide.

Weight: 0.7 kg

# AIREX® Fitness & Training

## My Space, My Strength.

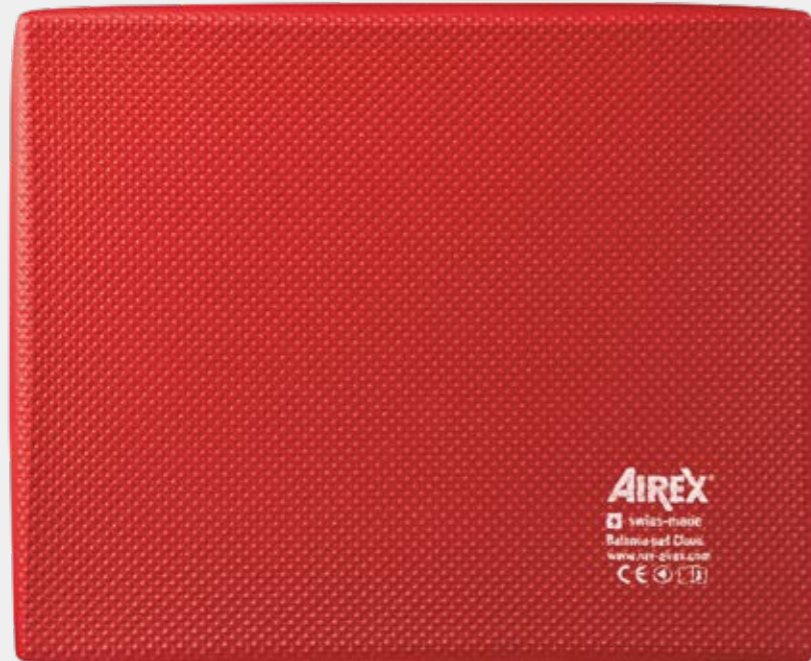
### AIREX® Balance-pad Cloud

The AIREX® Balance-pad Cloud generates more intense stimuli as it is far more unstable and wobbly than any other predecessor of the AIREX® Balance-pad product line. These features stem from the Cloud's lower density foam composition. The Cloud is an advanced Balance-pad version used by athletes and users able to maintain perfect balance. The waffle-like texture embossed on its either side is a great facilitator of comfortable and non-slip therapy and training applications.

Size: approx. 48 x 40 x 6 cm  
Weight: approx. 0.8 kg



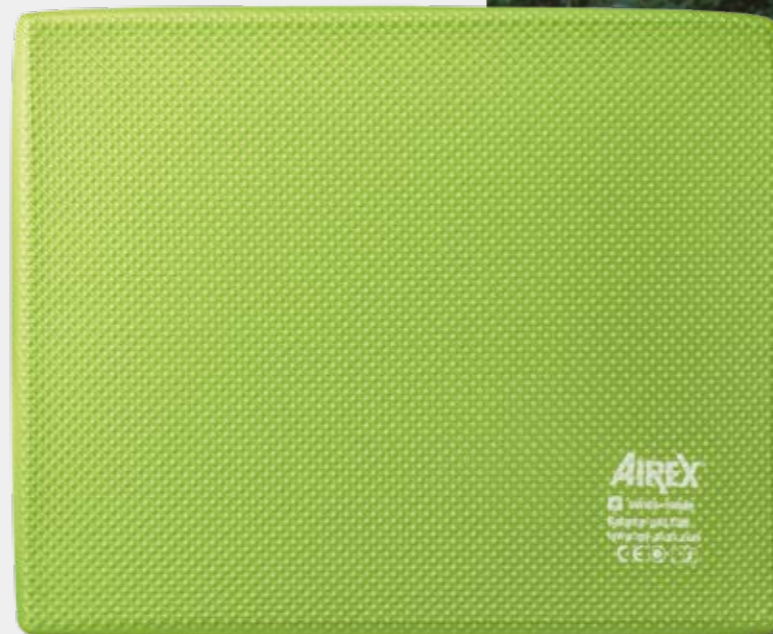
AIREX® Balance-pad Cloud



### AIREX® Balance-pad Elite

The AIREX® Balance-pad Elite is an upgrade of the already proven Balance-pad. It has unique slip-resistant waffle-like texture on its upper and lower side providing pleasant stimulation for receptors in the foot sole during barefoot balance training. The AIREX® Balance-pad Elite, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. Its smooth surface is perfect for barefoot balance training beginners. The yielding foam constantly challenges the body to maintain its balance and stabilize the joints. The exercises on the Balance-pad Elite trigger the engagement of a greater number of deeper muscles than the exercises performed without the Balance-pad.

Size: approx. 48 x 40 x 6 cm  
Weight: approx. 0.8 kg

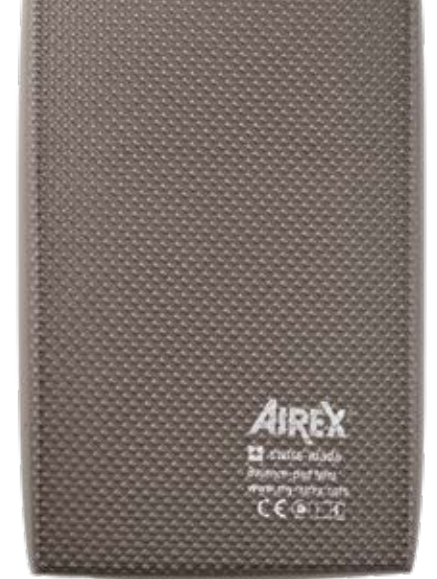


AIREX® Balance-pad Elite

### AIREX® Balance-pad Mini

The AIREX® Balance-pad Mini was primarily designed to meet functional training requirements, but it is just as perfect for traveling. It is not only an active training tool, but also a good prop for training instructors. It provides a smaller training area fantastic for one-legged and single-handed functional exercises as well as for dynamic training. The AIREX® Balance-pad Mini can be easily fitted into any sports bag or hand luggage for that matter. However, its comfortable, smooth surface is not 100% slip-resistant on smooth floors. Therefore, it is recommended to use it in combination with a supplementary AIREX® mat underneath.

Size: approx. 41 x 25 x 6 cm  
Weight: approx. 0.4 kg



AIREX® Balance-pad Mini

AIREX® Balance-pad Mini Duo



### AIREX® Balance-pad Mini Duo

The AIREX® Balance-pad Mini is offered here in a practical double pack in order to achieve more variety during training.

1 item = 2 Pads  
Size: approx. 41 x 25 x 6 cm (2x)  
Weight: approx. 0.9 kg





**AIREX<sup>®</sup>**

My Space, My Peace.

# Yoga & Pilates



# AIREX® Yoga & Pilates

## My Space, My Peace.

Yoga and pilates have many things in common, but these two training concepts have different applications. They adapt movement and breathing individually and optimally to suit the needs of their respective practitioners.



"The AIREX® Pilates 190, Xtrema, and Yoga Calyana mats lines are suitable for this purpose. These mats were designed to accommodate the compelling professional opinions and wishes of famous Pilates and Yoga teachers."

Paul Uhlir, Headmaster, AIREX® Academy

### AIREX® Pilates 190

Propelled by highly demanding requirements of Pilates instructors to develop a Pilates mat with the attributes assigned to our unique and famous AIREX® quality, we designed the AIREX® Pilates 190 mat together with Pilates instructors. This unbelievably thin mat (only 0.8 cm) made from high density material ensures stability required to master even the most demanding positions. Owing to our special AIREX® manufacturing process, the Pilates 190 has a distinctive cushioning effect equal to all other AIREX® gymnastics mats. It helps to effectively protect the users' joints and tendons. A must-have for classic mat training.

Size: approx. 190 x 60 x 0.8 cm  
Weight: approx. 1.7 kg



AIREX® Pilates 190



### AIREX® Xtrema

The AIREX® Xtrema is a new breakthrough innovation-the most robust mat in the AIREX® range. Due to its high density foam, the AIREX® Xtrema can be used outdoors on stony ground, gravel roads, and the beach regardless of weather conditions. Owing to its high stiffness, the AIREX® Xtrema is equally suitable for yoga and pilates, but also for professional, functional training.

Size: approx. 178 x 58 x 0.6 cm  
Weight: approx. 1.8 kg



AIREX® Xtrema



# AIREX® Yoga & Pilates

## AIREX® Yoga Calyana-line

Although Yoga and pilates continuously develop new trends, their goal remains the same – to get your body and mind in sync. And a good mat can perfectly serve this purpose. In my space, my peace, a good Yoga and pilates mat delivers the required high rigidity, slip resistance and a good grip, especially during sweat-inducing exercises.

Additional benefits are:

- Grounding
- Anti-slip
- Stronghold
- 100% outdoor proofed (wind, saltwater, sun)



### Yoga Carry Bag

Whether traveling, cycling in the city, or even hiking, this sustainable yoga bag is your faithful companion. Many side compartments offer enough space to safely store your valuables and travel accessories.



### Yoga Shoulder Strap

While using this trendy yoga shoulder strap for your yoga mat you will always be on the right track. The shoulder strap offers easy handling and safe transport of your yoga mat.



### AIREX® Yoga Calyana Start mat

Calyana-a premium yoga mat from the AIREX® Yoga & Pilates-line was designed in collaboration with highly skilled and prominent yoga teachers. Yoga Calyana-line offers maximum safety, fun and longevity allowing you to enjoy your time and sync up your body, mind and soul. The superior quality of Yoga Calyana mats puts them on the list of the best yoga mats worldwide. A wonderful yoga tool for all Yoga practitioners.

Size: approx. 185 x 65 cm / 0.5 cm  
Weight: approx. 2.0 kg



### AIREX® Yoga Calyana Advanced mat

The Yoga Calyana Advanced is the first product to result from the cooperation between the market leader among mat manufacturers AIREX® and the yoga teacher Buket Akkus. It is your yoga mat for everyday use. The mat is easy to transport, offers long-lasting optimal grip and good firmness with easy cushioning. It is the ideal all-round yoga mat for your individual yoga. Light, stable and with perfect grip. Live the moment full of mindfulness with your Yoga Calyana mat and feel the happiness.

Size: approx. 185 x 65 cm / 0.5 cm  
Weight: approx. 2.0 kg



AIREX® Yoga Calyana Advanced mat

### AIREX® Yoga Calyana Pro mat

Calyana-a premium yoga mat from the AIREX® Yoga & Pilates-line was designed in collaboration with highly skilled and prominent yoga teachers. Yoga Calyana-line offers maximum safety, fun and longevity allowing you to enjoy your time and sync up your body, mind and soul. The superior quality of Yoga Calyana mats puts them on the list of the best yoga mats worldwide. A wonderful yoga tool for all Yoga practitioners.

Size: approx. 185 x 65 cm / 0.7 cm  
Weight: approx. 2.8 kg



# AIREX® Yoga & Pilates

## AIREX® Yoga Eco-line

Trends show an increasing awareness towards our planet from yoga and pilates lovers. Recycled, sustainable and biodegradable materials paired with the known AIREX® quality results in "state-of-the-art" yoga mats and accessories for the yoga community.

### AIREX® Yoga Eco Pro mat

The AIREX® Yoga Eco Pro mat offers an unbeatable price-quality ratio paired with the best performance yogis look forward to. The mat is lighter and perfect for all your yoga adventures around the world. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate feeling: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior TPE with natural rubber base
- Designed in Switzerland
- Available in different colors
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm  
Weight: approx. 1.9 kg



### AIREX® Yoga Eco Grip mat

The AIREX® Yoga Eco Grip mat is the ultimate choice for nature-loving yogis. It offers a maximum grip for all yoga actions. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate grip: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior recycled PU with natural rubber base
- Designed in Switzerland
- Available in different colors
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm  
Weight: approx. 2.3 kg



### AIREX® Yoga Eco Cork mat

The AIREX® Yoga Eco Cork mat offers the ultimate natural feeling. The natural cork material creates warmth and insulation for indoor and outdoor use to be in balance with nature, body, and mind. All materials are Eco-friendly to provide unsurpassed performance and happiness.

- Ultimate natural feeling: insulating, soft and warm
- Highest security: flat-lying, robust, non-slip with rounded edges
- Superior natural cork with natural rubber base
- Designed in Switzerland
- Eco-friendly
- PVC Free

Size: approx. 183 x 61 x 0.4 cm  
Weight: approx. 2.3 kg

### AIREX® Yoga Eco Cork block

Feel the nature when sitting and exercising with the AIREX® Yoga Eco Cork block. It provides warmth and insulation for indoor and outdoor yoga action.

- Ultimate feeling: insulating, soft and warm
- Superior natural cork
- Designed in Switzerland
- Eco-friendly

Size: approx. 22.5 x 15 x 7.4 cm  
Weight: : approx. 0.8 kg

AIREX® Yoga Eco Cork block





**AIREX<sup>®</sup>**

My Space, My Health.

**Physio & Rehabilitation**



# AIREX® Physio & Rehabilitation

## My Space, My Health.

The high level of responsibility associated with therapy requires the highest quality. The therapeutic success and hygiene guide the application of unique AIREX® products in clinics, rehabilitation centers and private practices.



The AIREX® Mats and Balance-pads offer optimal support in manual therapy, physical therapy, ergotherapy and balneotherapy for individuals and groups. It is the right mat for every respective purpose.

*INTENDED PURPOSE: The AIREX® mats and balance trainers are designed as a movement therapeutic aid for both institutional and domestic use. A device lying on the floor serves as a base for a person during medically indicated and prescribed exercises to improve motor skills and balance or postural control and/or for movement therapy treatment of muscle weakness in the limbs and trunk as a result of a neurological or orthopedic disease.*



**"I only use tried and tested aids to improve the health of my patients. With Airex I'm sure to offer the best.."**

Lucio Carlucci, Dr.sc.nat.ETH

All AIREX® products meet the requirements of the Medical Device Regulation (EU) MDR 2017/745 without exception. Their antibacterial finish guarantees maximum hygiene with minimum maintenance. The integrated Sanitized® hygiene protection keeps even the most aggressive cMRSA bacteria in check.

### AIREX® Corona

The AIREX® Corona has been our most popular exercise mat for years. It delivers outstanding workout features. The AIREX® Corona fulfills all the key requirements expected from a perfect exercise mat by health professionals. No wonder that Corona has become No. #1 mat for physical therapy and personal training.

It provides enough space for all types of exercises, and is so comfortable that the user is motivated to reach new heights. Corona has top-class wearing comfort, skin feel and hygienic properties.

**"Sports scientists and physical therapists all over the world have verified the excellent quality of our multi-certified exercise mat."**

Paul Uhlir, Headmaster, AIREX® Academy

The AIREX® Corona training mat is also used in club sports, gyms, therapeutic facilities, at home and in the office. This mat is suitable for outdoor use and can even be used in water.

Size: approx. 185/200 x 100 x 1.5 cm  
Weight: approx. 3.9 kg / 4.3 kg



### AIREX® Coronella

The material developed especially for AIREX® Coronella is exceptionally dimensionally stable and able to withstand even heavy physical loads. This sports mat can be incredibly easily and discretely rolled up and stowed away at any time.

The AIREX® Coronella is a standard piece of equipment in first-class gyms and sports clubs used by personal trainers.

It was designed in collaboration with athletes and therapists to fully meet their requirements.

**"It is a first choice piece of equipment for top-class gyms, personal trainers, sports clubs, Olympic training camps, as well as the German football team clubrooms"**

Paul Uhlir, Headmaster, AIREX® Academy

Size: approx. 185/200 x 60 x 1.5 cm  
Weight: approx. 2.3 kg / 2.5 kg



# AIREX® Physio & Rehabilitation

## My Space, My Health.

### AIREX® Balance-pad

The AIREX® Balance-pad is an active therapy and training tool made of the famously soft AIREX® foam material. The Balance-pad, with its smooth surface, is perfect for barefoot balance training beginners. This Balance-pad, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. The yielding foam constantly challenges the body to maintain its balance and stabilize the joints. The exercises on this Balance-pad trigger the engagement of a greater number of deeper muscles than the exercises performed without the Balance-pad. The workout on the Balance-pad can purposefully improve both conditional and coordinative abilities, such as strength, endurance, differentiation and balance.

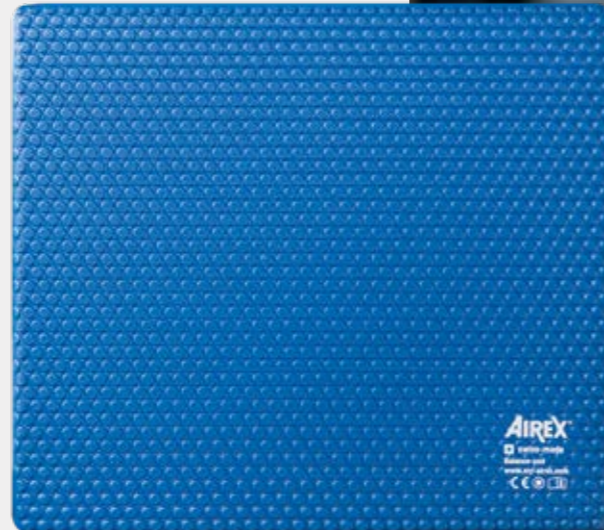
Size: approx. 48 x 40 x 6 cm  
Weight: approx. 0.8 kg



AIREX® Balance-pad



AIREX® Balance-pad Solid



### AIREX® Balance-pad Solid

The AIREX® Balance-pad Solid produces much softer stimuli on account of its higher density. It is not as unstable or wobbly as other AIREX® Balance-pads. It is an optimum aid for seniors and therapists in the very early therapy phase. Due to its extremely robust properties, the AIREX® Balance-pad Solid is particularly useful for functional training as it can just as well be used for training in sneakers. The extensive waffle-like texture embossed on either side facilitates very simple, remarkably slip-resistant and safe therapy and training applications.

Size: approx. 46 x 41 x 5 cm  
Weight: approx. 1 kg



### AIREX® Balance-pad XLarge

The AIREX® Balance-pad XLarge is twice the size of the Balance-pad Elite, allowing a completely new perspective of balance training as a result. The advent of the Balance-pad XLarge inaugurated a new range of exercises and their variations making training a more challenging task. On the one hand, it has unique waffle-like, slip-resistant texture on its upper and lower side, but on the other it provides pleasant stimulation for the receptors in the foot sole during barefoot balance training. The Balance-pad XLarge, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. The AIREX® Balance-pad XLarge is especially designed for office use.

Size: approx. 98 x 41 x 6 cm  
Weight: approx. 1.4 kg



AIREX® Balance-pad XLarge



# AIREX® Physio & Rehabilitation

## My Space, My Health.

### AIREX® Balance-beam Mini

The AIREX® Balance-beam Mini is a small brother of the Balance Beam developed for balancing and training. Its size allows engagement of all trunk muscles in both abdominal and supine positions. It is also perfect for supporting and intensifying yoga and pilates exercises. The outstanding AIREX® foam technology sets new sports accessories standards and elevates the Balance-beam to the top-rated high-tech product line.

Size: approx. 41 x 24 x 6 cm  
Weight: approx. 0.3 kg



AIREX® Balance-beam Mini



### AIREX® Atlas

The AIREX® Atlas is the largest mat in our product range. This rectangular mat allows an even more extensive cohesion section to be covered with several mats as needed. The properties of the material and 1.5 cm thickness stand equal to the best-selling Corona and Coronella products. It prevents any sinking to the floor, even in case of point loads. In water applications, the AIREX® Atlas offers the optimum support for all conceivable therapy forms, urging for creative water activities.

Size: approx. 200 x 125 x 1.5 cm  
Weight: approx. 5.9 kg



AIREX® Atlas



### AIREX® Coronella 120

The AIREX® Coronella 120 is a short version of the best-selling Coronella 185 mat. It has incredibly short, proven length of only 120 cm, especially suitable for group fitness where space is limited. This mat offers high cushioning and has become an essential standard piece of equipment in first-class gyms and sports clubs. It is used by personal trainers. The AIREX® Coronella 120 was developed in collaboration with athletes and therapists to fully meet their requirements.

Size: approx. 120 x 60 x 1.5 cm  
Weight: approx. 1.5 kg



AIREX® Coronella 120



### AIREX® Balance-beam

The AIREX® Balance-beam was developed for balancing and training. Its size allows the engagement of all trunk muscles in both abdominal and supine positions. It is also perfect for supporting and intensifying yoga and pilates exercises.

The outstanding AIREX® foam technology sets new sports accessories standards and elevates the Balance-beam line to the top-rated high-tech product line.

Size: approx. 160 x 24 x 6 cm  
Weight: approx. 1.2 kg



AIREX® Balance-beam



**AIREX**<sup>®</sup>

My Space, My Team.

# Schools & Associations

# AIREX® Schools & Associations

## My Space, My Team.

School and association sports span the broadest range of applications and have the highest demands.

School and association sports, e.g. gymnastics or martial arts, require mats of maximum performance level.

AIREX® products are suitable for all age groups and movement requirements. They play just as important role in school and association sports as in women's gymnastics. The dual function of mats and Balance-pads is invaluable for kindergarten and playgroups. They can be used to play around or to rest – either indoors, outdoors or in the water.



**"The robust AIREX® Mats and Balance-pad products make a valuable contribution to training, sports and play. The AIREX® products superior cushioning properties provide softness as well as secure hold. The AIREX® tear-resistant, film-reinforced Titania and Diana gymnastics mats can withstand high loads both indoors and outdoors."**

Paul Uhlir, Headmaster, AIREX® Academy

Coaches, trainers and teachers attach great importance to the protection of their protégés from injuries to support healthy growth and sports, and enhance their overall individual performance.

### AIREX® Corona

The AIREX® Corona has been our most popular exercise mat for years. It delivers outstanding workout features. The AIREX® Corona fulfills all the key requirements expected from a perfect exercise mat by health professionals. No wonder that Corona has become No. #1 mat for physical therapy and personal training.

It provides enough space for all types of exercises, and is so comfortable that the user is motivated to reach new heights. Corona has top-class wearing comfort, skin feel and hygienic properties.

**"Sports scientists and physical therapists all over the world have verified the excellent quality of our multi-certified exercise mat."**

Paul Uhlir, Headmaster, AIREX® Academy

The AIREX® Corona training mat is also used in club sports, gyms, therapeutic facilities, at home and in the office. This mat is suitable for outdoor use and can even be used in water.

Size: approx. 185/200 x 100 x 1.5 cm  
Weight: approx. 3.9 kg / 4.3 kg



### AIREX® Coronella

The material developed especially for AIREX® Coronella is exceptionally dimensionally stable and able to withstand even heavy physical loads. This sports mat can be incredibly easily and discretely rolled up and stowed away at any time.

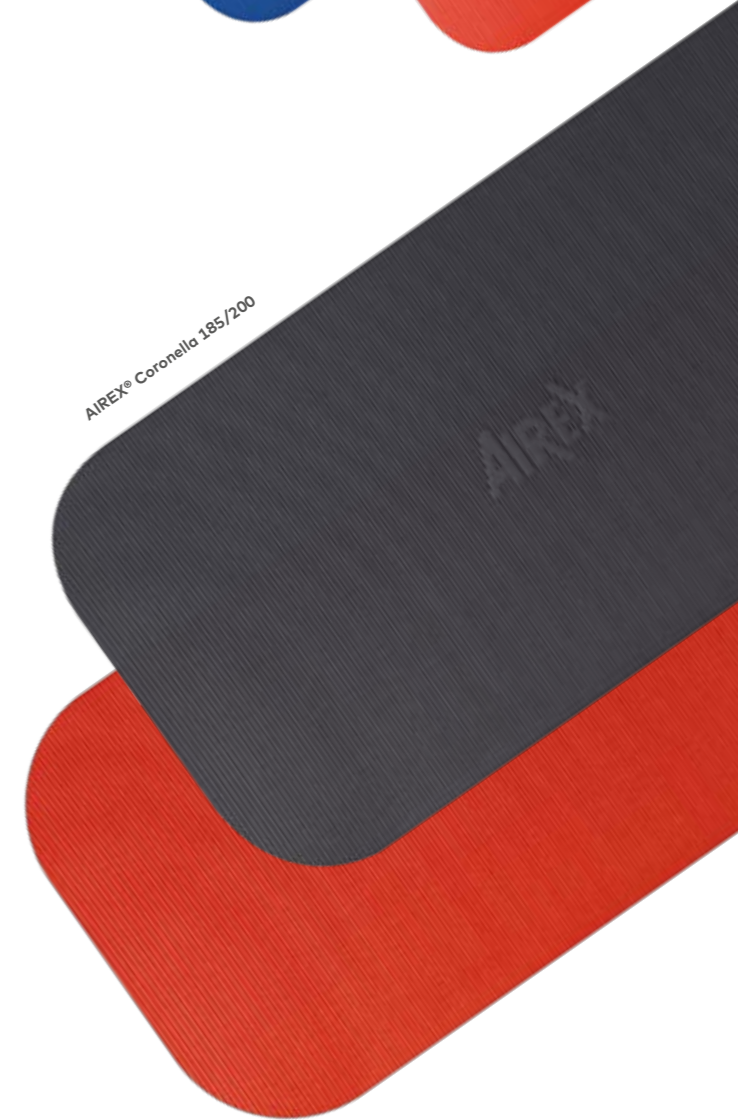
The AIREX® Coronella is a standard piece of equipment in first-class gyms and sports clubs used by personal trainers.

It was designed in collaboration with athletes and therapists to fully meet their requirements.

**"It is a first choice piece of equipment for top-class gyms, personal trainers, sports clubs, Olympic training camps, as well as the German football team clubrooms"**

Paul Uhlir, Headmaster, AIREX® Academy

Size: approx. 185/200 x 60 x 1.5 cm  
Weight: approx. 2.3 kg / 2.5 kg



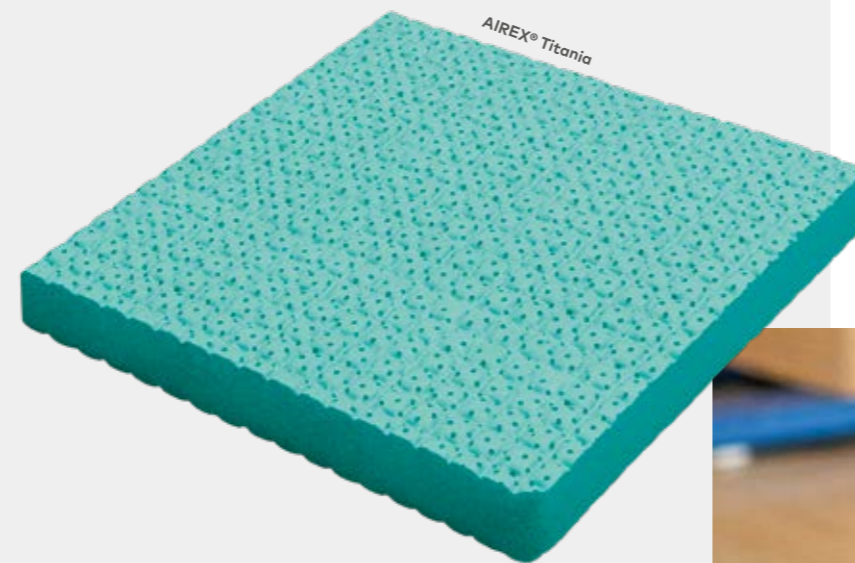
# AIREX® Schools & Associations

## My Space, My Team.

### AIREX® Titania

The AIREX® Titania mat was especially designed for school and club sports. It has the ultimate damping properties due to its thickness of 3.2 cm. The AIREX® Titania mat has special coating for sustainable mat foam protection, resistant to frequent use in sneakers. This mat is extremely robust and durable. Due to its right-angled cut, the AIREX® Titania can be laid seamlessly onto large surfaces.

Size: approx. 200 x 125 x 3.2 cm  
Weight: approx. 13 kg



### AIREX® Hercules

The AIREX® Hercules therapy mat offers a limitless variety of single or group therapeutic exercises. It can deliver great comfort guaranteed by its 2.5 cm thickness. Due to its high buoyancy, the Hercules therapy mat is a preferred hydrotherapy mat for both therapists and patients.

Size: approx. 200 x 100 x 2.5 cm  
Weight: approx. 7.3 kg



AIREX® Balance-beam

### AIREX® Balance-beam

The Balance-beam was developed for balancing and training. Due to its dimensions, the entire trunk musculature can be trained in the abdominal and supine position. Also ideal for supporting and intensifying yoga and pilates exercises. The original AIREX® foam technology sets new standards and makes the Balance-beam a high-tech quality product of the highest class.

Size: approx. 160 x 24 x 6 cm  
Weight: approx. 1.2 kg



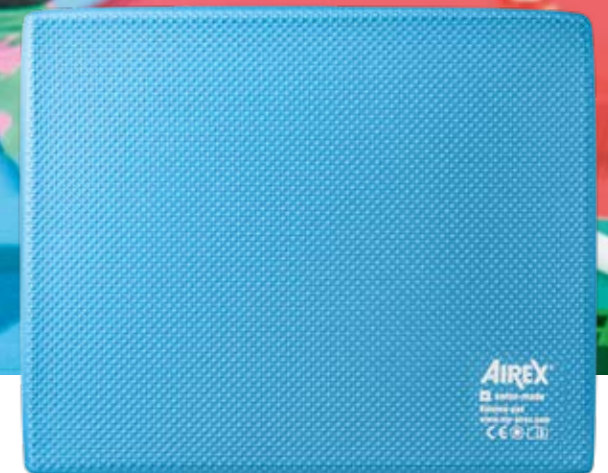
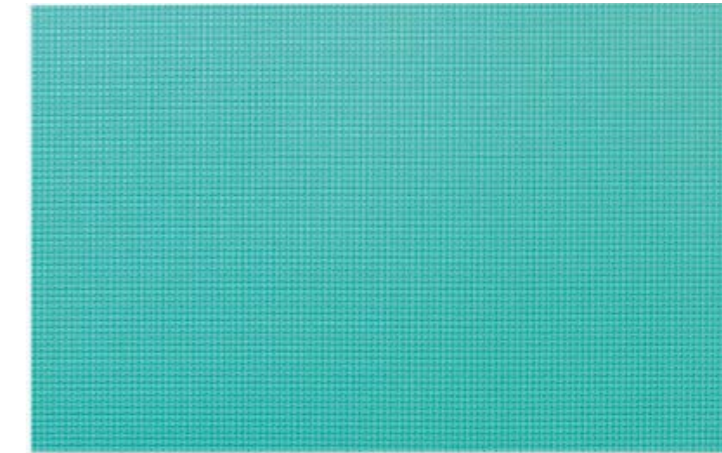
### AIREX® Diana

The AIREX® Diana mat is a favorite mat for school and club sports in particular. This mat has special coating for sustainable mat foam protection, resistant to frequent use. The AIREX® Diana mat is extremely robust and durable. Due to its right-angled cut, the AIREX® Diana can be laid seamlessly onto large gymnastics surfaces.

Size: approx. 200 x 125 x 1.5 cm  
Weight: approx. 9.5 kg



AIREX® Diana



### AIREX® Balance-pad Elite

The AIREX® Balance-pad Elite is an upgrade of the already proven Balance-pad. It has unique slip-resistant waffle-like texture on its upper and lower side providing pleasant stimulation for receptors in the foot sole during barefoot balance training. The AIREX® Balance-pad Elite, owing to its thickness of 6 cm, has the desirable destabilizing characteristics. Its smooth surface is perfect for barefoot balance training beginners. The yielding foam constantly challenges the body to maintain its balance and stabilize the joints. The exercises on the Balance-pad Elite trigger the engagement of a greater number of deeper muscles than the exercises performed without the Balance-pad.

Size: approx. 48 x 40 x 6 cm  
Weight: approx. 0.8 kg





It took great strength and sacrifice to reach the Edelweiss flower that only grows on daringly steep rocky slopes and mountaintops. Sacrifice, motivation, setting your own rules and getting ready for the game – these are the challenges we compel you to confront every day, every time you pick up and spread your AIREX® Mat or step onto your AIREX® Balance-pad.



# AIREX® Academy

My Learning Space.



The AIREX® Academy is a training and education institution with over 25 years of knowledge and experience acquired in the fields of fitness, sports, therapy and prevention. It was founded to generate the professional know-how and knowledge underlying the unique AIREX® products. This extensive know-how guarantees the optimum service to our products.



**"The AIREX® Academy epitomizes the highest quality standards for learning content and teaching materials. The Academy is an evidence-based institution always striving to do justice to the current scientific developments."**

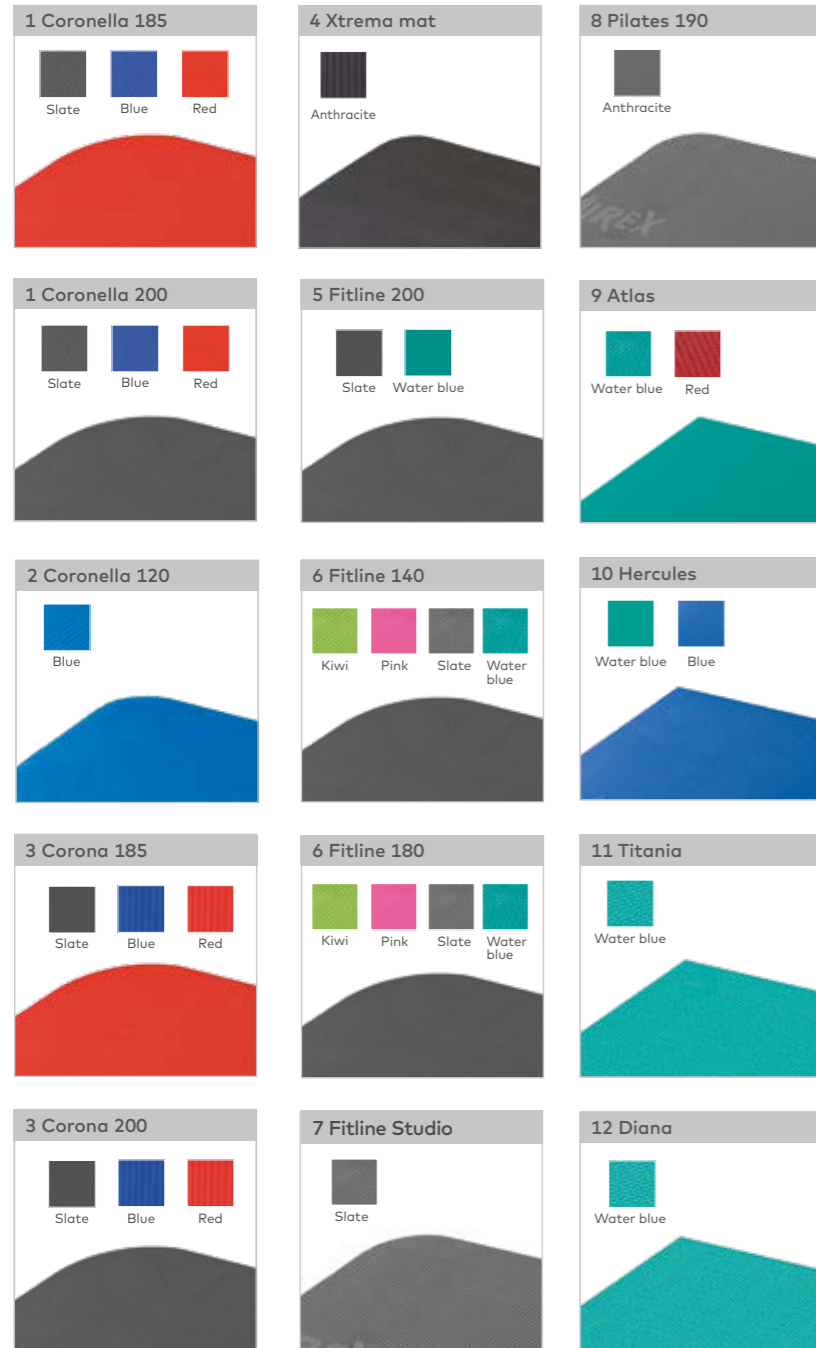
**Paul Uhlir**, Headmaster, AIREX® Academy

As a trained physical therapist and fitness expert, Paul Uhlir has more than 25 years of experience in Balance products management. He has been an active speaker, instructor and global brand ambassador for over 19 years.



# AIREX® product range

## AIREX® mats



## AIREX® Balance products



## Suitable for



Product ID	Product Name & Dimensions & Weight	Color Options	Fitness Prevention	Physio Rehabilitation	Pilates Yoga	Corporate Health	Club sport, school sport	Functional Training	Balance	Aqua Training
1	Coronella 185/200 approx. 185/200 x 60 x 1.5 cm approx. 2.3 kg/2.5 kg	Slate, Blue, Red		•		•	•		•	
2	Coronella 120 approx. 120 x 60 x 1.5 cm approx. 1.5 kg	Blue	•	•		•	•		•	
3	Corona 185/200 approx. 185/200 x 100 x 1.5 cm approx. 3.9 kg/4.3 kg	Slate, Blue, Red		•		•	•		•	•
4	Xtrema mat approx. 178 x 58 x 0.6 cm approx. 1.8 kg	Anthracite	•		•		•	•	•	
5	Fitline 200 approx. 200 x 80 x 1 cm approx. 2.4 kg	Slate, Water blue	•		•		•	•	•	
6	Fitline 140/180 approx. 140/180 x 60 x 1 cm approx. 1.3 kg / 1.8 kg	Kiwi, Pink, Slate, Water blue	•		•		•	•	•	
7	Fitline Studio approx. 100 x 50 x 1 cm approx. 0.8 kg	Slate	•		•		•	•	•	
8	Pilates 190 approx. 190 x 60 x 0.8 cm approx. 1.7 kg	Anthracite	•		•		•		•	
9	Atlas approx. 200 x 125 x 1.5 cm approx. 5.9 kg	Water blue, Red		•				•	•	•
10	Hercules approx. 200 x 100 x 2.5 cm approx. 7.3 kg	Water blue, Blue		•			•	•	•	•
11	Titania approx. 200 x 125 x 3.2 cm approx. 13 kg	Water blue					•		•	
12	Diana approx. 200 x 125 x 1.5 cm approx. 9.5 kg	Water blue					•		•	
13	Balance-pad approx. 48 x 40 x 6 cm approx. 0.8 kg	Blue	•	•			•		•	
14	Balance-pad Elite approx. 48 x 40 x 6 cm approx. 0.8 kg	Lava, Blue, Kiwi, Pink	•	•		•	•		•	
15	Balance-pad Solid approx. 46 x 41 x 5 cm approx. 1 kg	Royal blue		•			•	•	•	
16	Balance-pad Mini approx. 41 x 25 x 6 cm approx. 0.4 kg	Lava	•	•		•	•	•	•	
17	Balance-pad XLarge approx. 98 x 41 x 6 cm approx. 1.4 kg	Lava, Blue	•	•		•	•	•	•	
18	Balance-beam approx. 160 x 24 x 6 cm approx. 1.2 kg	Blue	•	•			•	•	•	•
19	Balance-beam Mini approx. 41 x 24 x 6 cm approx. 0.3 kg	Blue	•	•		•	•	•	•	
20	Balance-pad Cloud approx. 48 x 40 x 6 cm approx. 0.8 kg	Red	•				•	•	•	



# AIREX® product range

## AIREX® Yoga & Pilates



## Suitable for



				Fitness Prevention	Physio Rehabilitation	Pilates Yoga	Corporate Health	Club sport, school sport	Functional Training	Balance	Aqua Training
1	Xtrema mat approx. 178 x 58 x 0.6 cm approx. 1.8 kg	Anthracite		•		•		•	•	•	
2	Yoga Calyana Pro mat approx. 185 x 65 x 0.7 cm approx. 2.8 kg	topside   flipside Stone grey				•			•		
2	Yoga Calyana Pro mat approx. 185 x 65 x 0.7 cm approx. 2.8 kg	topside   flipside Melon				•			•		
3	Yoga Calyana Advanced mat approx. 185 x 65 x 0.5 cm approx. 2.0 kg	Lime green - Hazel				•			•		
4	Yoga Calyana Start mat approx. 185 x 65 x 0.5 cm approx. 1.9 kg	Ocean blue				•			•		
5	Pilates 190 approx. 190 x 60 x 0.8 cm approx. 1.7 kg	Anthracite		•		•		•		•	
6	Yoga Eco Grip mat approx. 183 x 61 x 0.4 cm approx. 2.3 kg	Anthracite Purple Pink				•					
7	Yoga Eco Cork mat approx. 183 x 61 x 0.4 cm approx. 2.3 kg	Natural cork				•					
8	Yoga Eco Pro mat approx. 183 x 61 x 0.4 cm approx. 1.9 kg	Anthracite Blue Green				•					
9	Yoga Eco Cork block approx. 22.5 x 15 x 7.4 cm approx. 0.8 kg	Natural cork				•				•	

The AIREX® Yoga Eco-line mats are the ultimate choice for nature-loving yogis.

All materials are Eco-friendly to provide unsurpassed performance and happiness.



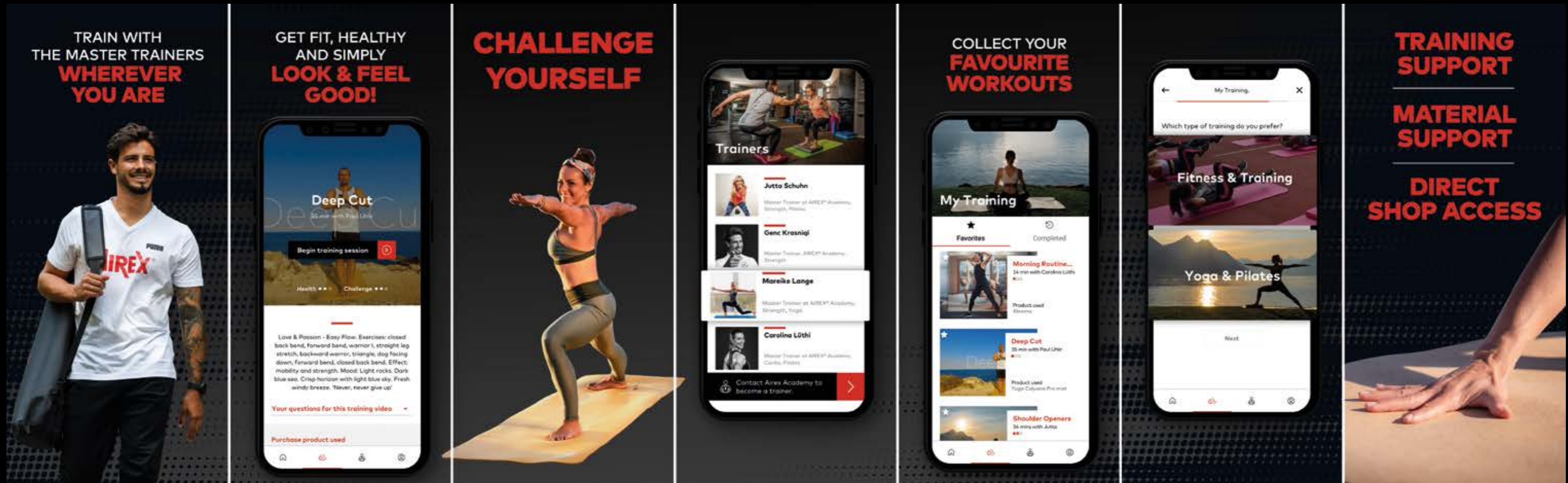
# NEW AIREX® Training App



powered by  
**AIREX**  
CADEMY



Available in the following App Stores:



[my-airex.com](http://my-airex.com)

[instagram.com/airex](https://instagram.com/airex)

<b>AIREX® mats</b> BASIS-UDI-DI: 7613005140550YT	
PRODUCT UDI-DI	DESCRIPTION
7613005085946	Atlas Water blue Single packaging
7613005008426	Atlas Red Single packaging
7613005057790	Corona 200 Slate Retail packaging
7613005085687	Corona 200 Blue Retail packaging
7613005085694	Corona 200 Red Retail packaging
7613005008631	Corona 185 Red Retail packaging
7613005008594	Corona 185 Blue Retail packaging
7613005085755	Corona 185 Slate Retail packaging
7613005008631	Corona 185 Red Retail packaging
7613005085717	Coronella 200 Blue Retail packaging
7613005060288	Coronella 200 Slate Retail packaging
7613005085731	Coronella 200 Red Retail packaging
7613005008655	Coronella 185 Blue Retail packaging
7613005085779	Coronella 185 Slate Retail packaging
7613005008693	Coronella 185 Red Retail packaging
7613005086479	Coronella 120 Blue Retail packaging
7613005084567	Coronita Blue Retail packaging
7613005085960	Diana Water blue Single packaging
7613005084543	Fitline Studio Slate Retail packaging
7613005048552	Fitline 140 Water Blue Retail packaging
7613005060226	Fitline 140 Kiwi Retail packaging
7613005072694	Fitline 140 Pink Retail packaging
7613005060202	Fitline 140 Slate Retail packaging
7613005049825	Fitline 180 Water Blue Retail packaging
7613005060196	Fitline 180 Kiwi Retail packaging
7613005060189	Fitline 180 Pink Retail packaging
7613005060172	Fitline 180 Slate Retail packaging
7613005085564	Fitline 200 Slate Retail packaging
7613005085595	Fitline 200 Water blue Retail packaging
7613005008815	Hercules Blue Single packaging
7613005085953	Hercules Water blue Single packaging
7613005085977	Titania 200 Water blue Single packaging
7613005080033	Xtrema Anthracite Retail packaging
7613005041317	Pilates 190 Anthracite Retail packaging

<b>AIREX® Balance products</b> BASIS-UDI-DI: 7613005130534YJ	
PRODUCT UDI-DI	DESCRIPTION
7613005021869	Balance-beam Blue
7613005077392	Balance-beam Mini Blue
7613005067775	Balance-pad Elite Kiwi
7613005068802	Balance-pad Elite Kiwi Customized
7613005058421	Balance-pad Elite Lava
7613005068550	Balance-pad Elite Lava Customized
7613005070263	Balance-pad Mini Lava
7613005081191	Balance-pad Mini Lava Duo
7613005067782	Balance-pad Elite Pink
7613005085984	Balance-pad Cloud Red
7613005037273	Balance-pad Elite Blue
7613005048194	Balance-pad Elite Customized
7613005009362	Balance-pad Blue
7613005073134	Balance-pad Solid Royal blue
7613005047111	Balance-pad XLarge Blue
7613005069557	Balance-pad XLarge Lava

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# My Space, My Time.



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youtube.com/myairex

EC	REP
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# AIREX®